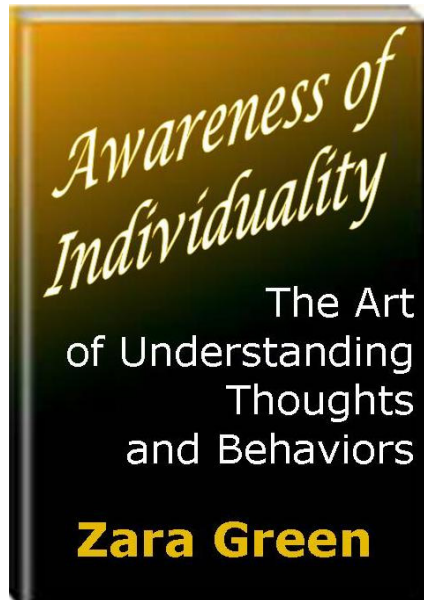


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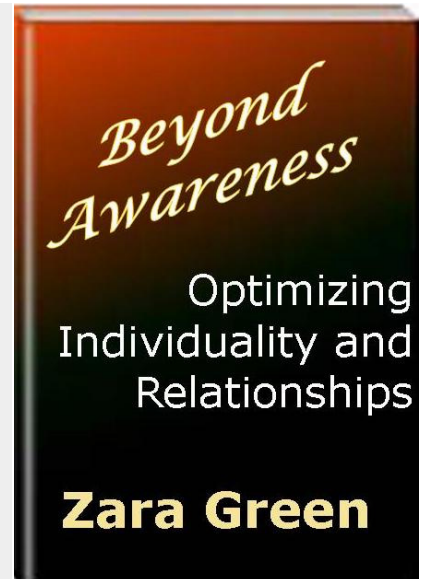
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"Knowing that we differ is not enough! Understanding HOW we differ is the foundation to self-esteem and respect for self, and then others."
~Zara Green

"Resilience is an issue of flexibility – mental and emotional bounce back ability and its development depends on you mastering your individuality."

~Zara Green

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